Pilates Instructor

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A New York Pilates Instructor teaches Small Group Pilates Reformer Classes for 14 students and privates. We have an emphasis on making sure to give a fun and rigorous workout that will make students want to come back for more. Instructors should teach and train in a fun, hands on motivating fast-paced style that teaches and explains the benefits of the workout while students sweat and shake and sculpt their bodies to achieve their best selves all while being safe and accommodating for different skill levels or injured students. Instructors should act as a representative of the NYP brand at all times and should dress as the face of NYP. We are an edgy, fashion forward brand that loves to shake things up and promotes creative thinking and is ready for growth and change. You Should love music, working out and motivating people to be their best and push themselves in a supportive way.

Responsibilities

- Program and lead classes of 14 students and privates at different NYP's Montauk location
- Be creative and bring in new ideas when programming and instructing NYP classes while also following the guidelines and programming requirements as directed by senior staff
- Maintain and uphold NYP's brand standards through all aspects of the class experience, from music and lights, to clear and positive communication on anatomy and Pilates instruction
- Dress as the face of NYP, keeping appearance put together and stylish.
- Connect with Pilates students in and out of the studio, providing an in-depth class experience
- Act as a representative of NYP and reflect the company values of empathy, humility, professionalism, respect, communication, boldness, and best in class

Qualifications

- Full Pilates Apparatus Certification required, 500 hours prefered
- Familiarity with Balanced Body equipment preferred
- Fun, kindness, positivity and self-confidence are invaluable

Job Type: Part-time and Full-time
Compensation: Commensurate with experience
Start Date: ASAP

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